

## **Spring 2020 - Afterschool Program**

The Dobbs Ferry Recreation Department is excited to be offering spring after school programs for kids in Kindergarten  $-5^{th}$  grade. All classes are held at Springhurst Elementary School.

Registration begins Friday, March 6<sup>th</sup> at 9am.



Fee: \$180.00

*See class description page for details regarding each class.				י יו נע אף
Mondays March: 30 April: 20, 27 May: 4, 11, 18 June: 1, 8	Tuesdays  March: 31  April: 14, 21, 28  May: 5, 12, 19, 26	Wednesdays April: 1, 15, 22, 29 May: 6, 20	Thursdays April: 2, 16, 23, 30 May: 7, 14, 21, 28	Fridays April: 3, 17, 24 May: 1, 8, 15, 29 June: 5
2:45 – 3:45pm Grades: K- 2 Max: 12 Fee: \$160.00	2:45 – 3:45pm Grades: 1 & 2 Max: 12 Fee: \$195.00	Soccer Skills Clinic K-2 2:00-3:00pm 3-5	Global Culture & Crafts  2:45 – 3:50pm Grades: K-2 Max: 12 Fee: \$180.00	Outdoor Adventure Jr.  2:45 – 3:45pm Grades: K-2 Max: 12 Fee: \$140.00
Chess  2:45 – 4:00pm Grades: 1-5 Max: 16 Fee: \$170.00		2:10 – 3:10pm  On turf field  Grades: K-5  Max: 20  Fee: \$110.00		Children's Yoga and Mindfulness 2:45 – 3:45pm Grades: K-2 Max: 10 Fee: \$150.00
Outdoor Adventure Sr.  3:10 – 4:10pm Grades: 3-5 Max: 12 Fee: \$140.00	3:10 – 4:15pm Grades: 3-5 Max: 12 Fee: \$160.00		Lego Builders Jr.  2:45-3:45pm Grades: K Max: 10 Fee: \$195.00	3:10pm – 4:10pm Grades: 3-5 Max: 12

## Spring 2020 – Afterschool Program COURSE DESCRIPTIONS

**Advanced Studio Art: Grades 3-5** 

Instructor: Wendy Guagenti

This art class is for students who enjoy art and are looking for a more advanced, in-depth art experience.

**Chess: Grades 1-5** 

Instructor: National Scholastic Chess Foundation, Inc.

For beginners or experienced players. Each week, students will be divided into small groups based on age and ability for structured lessons on chess strategy and supervised play. Students will learn how to analyze a chess game and learn from their own mistakes. Students will develop long-term strategies and visualization skills and begin to make connections between the skills learned through chess and other subject areas.

## Children's Yoga and Mindfulness: Grades K-2

Instructor: Zen Little Yogis

An introduction to yoga for little yogis looking to work on balance and strength. This class includes mindfulness activities, breathing exercises, themed poses and interactive games.

Escape the Room: Grades 3-5
Instructor: Sew Happy USA

Students are presented with information (such as maps, historical information, building plans, directories, props) and cryptic clues they need to solve to open locks and boxes, allowing them to eventually 'escape' within the time allocated. The clues are often in code, requiring they first 'discover' the clue. These codes are visual, physical, mathematical and language based, often requiring use of tools students may not have used before (screwdrivers, compasses, protractors). The clues themselves lead them to answers within the materials or are sometimes general knowledge or logical reasoning.

## **Global Culture & Crafts:** Grades K-2

Instructor: BLENDID

In this class, kids will become young explorers of the different cultures found around their world. Through circle time, storytelling, and hands on crafts, they will uncover the unique traditions and customs of each country that they discover. Our curriculum is designed based off the cultural calendar in choosing the countries that we explore. Students will explore different countries and content throughout the entire year.

<u>I Made It Myself</u>: Grades K-2 Instructor: Wendy Guagenti

This class explores the fun and exploration of handmade crafts and art objects. Students will enjoy experimenting in mediums of clay, wood, paper and more.

<u>Lego Builders</u>: Grades K; 1 & 2 *Instructor: Kathleen McCarthy* 

Amaze your friends and family with your ability to construct fun things like cars, ships and rockets. Discover where your imagination takes you.

<u>Outdoor Adventure:</u> Grades - Jr. K-2 : Sr. 3-5 Instructor: Dobbs Ferry Recreation Staff

Children will explore and learn about the great outdoors as they explore around Springhurst. Activities include survival skills, shelter construction, and, most importantly, how to best enjoy your time outside.

Soccer Skills Clinic: Grades - K-5

Instructor: NY Red Bulls/Greenburgh United Soccer (K-2); Dobbs Ferry Girls Varsity Players & Coach Graham Smith (3-5) In conjunction with the NY Red Bulls and Greenburgh United Soccer. This program will use a number of soccer based activities designed to improve player's skills.