






December 2018



| Sun | Mon | Tue | Wed | Thu | Fri | Sat | |
|---|--|---|---|--|---|--------------|--|
| Legend FH: Firehouse L: Library *: 693-6614 to register | | Happy Hanukkah!  | Join us Mondays, Tuesdays and Thursdays at 11a to share life stories with Mercy College Students Ends Dec. 10 | | | ¹ | |
| 2 | 3 Line Dancing w/Diane: 10:30-11:30a L | 4 Chair Yoga w/Patty: 9:30a L PBA Pizza/Pasta Party w/Bingo: 11a FH Bridge: 1:30p FH | 5 Exercise w/Elaine: 11-12 L Intergenerational Activity w/Ellen: 12:30-1:30p FH Donna Trip Meeting: 1p FH | 6 Mah Jong: 1p FH | 7 Yoga w/Michelle: 11a-12p L X-Mas Dinner Party @Ardsley Firehouse: 5-8p—\$10, sign up with Abby | 8 | |
| 9 | 10 No Line Dance No Exercise Mercy College Celebration: 10:30a FH | 11 Chair Yoga w/Patty: 9:30a L Donna Trip Group to Aquaturf Bridge: 1pm FH | 12 Exercise w/Elaine: 11-12 L Cake Decorating: 11a FH **Thank you Five Star Yonkers! Movie at Center—"A Star is Born" ft. Streisand & Kristofferson: 12:45p | 13 Mah Jong: 1p FH | 14 Yoga w/Judy: 11a-12p L | 15 | |
| 16 | 17 Line Dancing w/Diane: 10:30-11:30a L | 18 LAST Chair Yoga w/Patty: 9:30a L Bridge: 1pm FH | 19 Exercise w/Elaine: 11-12 L | 20 Day of Beauty Haircuts at Center: 10a Mah Jong: 1p FH | 21 Yoga w/Michelle: 11a-12p L | 22 | |
| 23 | 24 CLOSED | 25 CLOSED Merry Christmas!  | 26 No Exercise | 27 Mah Jong: 1p FH | 28 No Yoga | 29 | |
| 30 | 31 CLOSED | 1 CLOSED  | | | Senior Swimming Wednesdays, 11:30a-12:30p @ Masters School | | |